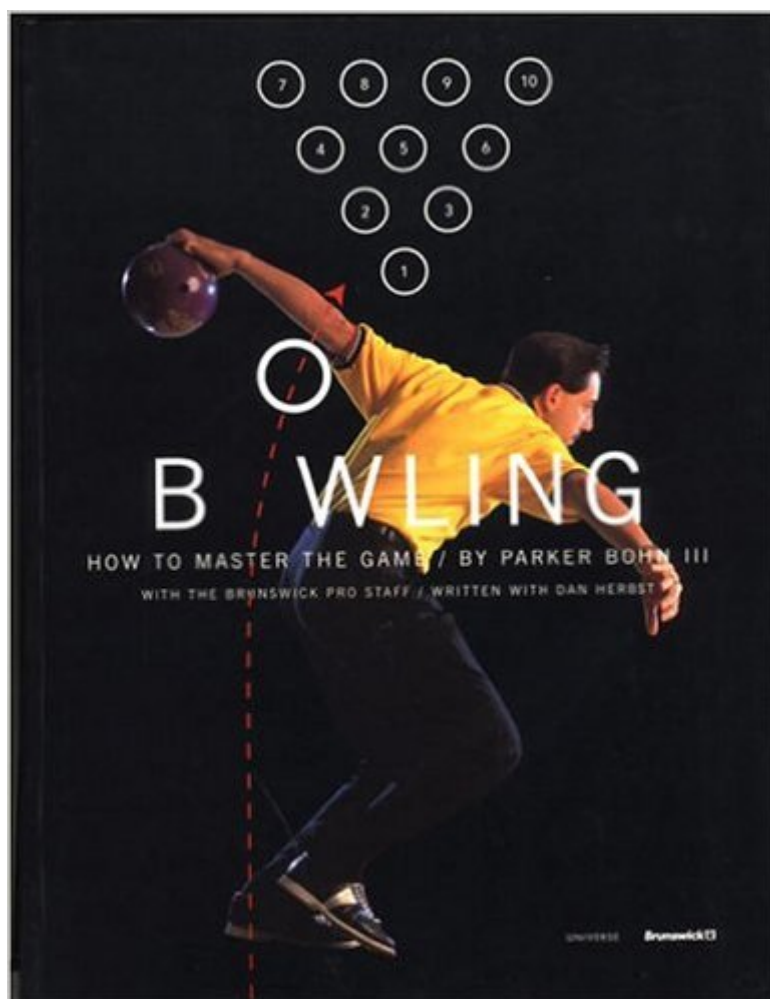


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# Bowling: How To Master The Game



## Synopsis

Explains essential bowling skills and discusses equipment, mental preparation, practice regimens, and strategies for different lane conditions.

## Book Information

Paperback: 160 pages

Publisher: Universe (November 11, 2000)

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Product Dimensions: 8.6 x 0.5 x 11 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #114,871 in Books (See Top 100 in Books) #4 in [Books > Sports & Outdoors > Individual Sports > Bowling](#)

## Customer Reviews

Worth the price just for the photographs. Unlike other books on bowling, each of the 160 8-1/2 x 11 pages is in full glossy color (watch out for fingerprints on the paper!), including many excellent photos and graphics. The layout makes it easy to flip through the pages and get a feel for the sport of bowling without even reading the text. As for the subject matter, this book is also very different.

The two best books on bowling that I'm familiar with (*Par Bowling* and *Knowledge is the Key*) take a systematic approach. This book reads more like a personal lesson on bowling by Parker Bohn III, along with other top professional bowlers. Of course it is also more up-to-date, focusing on the issues that are important to today's bowlers. The book's coverage is broad, including equipment, strategy, and the mental game, along with fundamentals and an interesting history of the sport. The section on spare shooting is particularly useful, since it focuses on the hard-and-straight method used by most top players, as opposed to the strikeline-relative approach presented in other books. The downside is that the discussions do not contain the kind of detail that would be necessary to learn to bowl from the text alone, making this book best suited for intermediate players. Then again, the best way to learn to bowl is from a coach, not a book. Advanced bowlers may learn a few things too, but are probably better served by specialized publications such as "Bowling this Month" magazine. Finally, this is a must-have for left-handed bowlers. It is the first book I have seen that gives lefties equal treatment in discussions and diagrams, instead of telling

southpaws to "just reverse it in their heads" (Parker is a lefty himself). Bottom line: if you are looking for a textbook on bowling, this is not it. But, if you want to learn about the sport as it is played by the best in the world, buy this book!

I have been bowling for 30 years, I have been a regional PBA bowler for 14 years carrying over a 210 average for many years. This book gives you much insight on how to develop your own game. He teaches you HOW to practice and when to stop practicing. Think about that, how many times at practice do you just throw the ball without thinking much. He instructs you to go practice with a goal and purpose. He goes into stories on how when he was young and met Mark Roth; Mark told him he is good, but he needs to make spares. Parker tells stories on how he made the TV finals by less than 10 pins because his competition got lazy and missed spares. Parker shows you how to best line up to make spares. He also goes into ball drilling, weights, pin placements, etc. Experiment and find what works best for you. Many great 1 page inserts from other bowlers; example-Chris Barnes on how he barely made the college bowling team. Just a great book, many awesome pictures, definitely worth the price.

very informative book with great diagrams and pictures. even though parker is a lefty the book really explains bowling from both hands. one of the better books i have read so far.

I put this on my wishlist thinking that I would eventually pick it up once I started going to a weekly league again, but I received this book as a Christmas present recently. Now that I have read it, I am doing everything I can to hold myself back from joining the very first league that I find. It has lots of information ranging from historical to scientific, gives practical advice and even encouragement! By the time I finished this book I was confident that I wanted to get back into bowling after my 7 year absence and feel that I will be able to quickly work my way back up to my old average, if not entirely beat it! As a right handed bowler I found the advice to be sound and practical, even though the book is written by a famous left handed bowler. I'm looking forward to using the practice techniques outlined in it.

Great book. I own every book out there on the subject and each has its strengths and weaknesses. After reading the negative reviews here I was hesitant to purchase, but I'm glad I did. Although this book might be a disappointment for advanced players, it is a must for beginners to intermediate players. It covers all of the basics in an easy to comprehend manner with incredible photos to

illustrate. There are however a few photos that seemingly are not connected to any specific concept and in the book. He covers the physical and mental side of bowling through his eyes and career as well as via anecdotes from other pro players. There was one review saying that said it seemed all about him.....well yes it's his approach to bowling and not a generic book on the subject. It's as though he is your coach. The only part that was a weakness is the opening chapter on the history of bowling. Although the pictures are great, after reading the rest of the book, you just want those pages filled with more wisdom from one of the greats, not a history lesson. I know without doubt that my game will increase after this gem.

I found this book to be a valuable resource. It would seem to be intended for the serious bowler who has mastered the basics and is looking for more information. The first 35 pages (Preface) covers the history of bowling in the U.S. which is fascinating and I don't recall seeing in any other books on bowling. The pictures of early players and facilities are great. While it has the look of a coffee table book, it is one that, for me, will be a valuable resource. The only item I found detrimental is that it seems more difficult to read. I don't know if it is the font or the point size but larger would have been better.

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